



A Weekly Update For The Employees of North Central Health Care



# NEWS YOU CAN USE

## WEEKLY CONNECTION WITH OUR TEAM



**Jarret Nickel**  
Operations Executive

### MAJOR MILESTONE

April 20th will mark a major milestone for North Central Health Care, the completion of our inpatient adult behavioral health hospital. This hospital was one of the core components of our master facility plan and will expand the number of patients that we can serve each day to prevent people in our community needing to receive treatment across the state.

The new hospital will be a 16-bed unit with each room having its own private bathroom and shower along with group living rooms and dining rooms. Mid to late may is the current target date to move services over from the old space into the new.

Also included in this space will be the reopening of our link hallway which will once again connect all our operations on the Wausau Campus to allow for quicker responses to emergencies as well as a more collaborative environment to work in. These renovations show the future is bright for North Central Health Care and the need for our services in the communities we live in and serve.

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**Olivia Smola**  
Aquatics

**Why:** Walking a client out to her car on an icy day with Slippers on.

Submitted By:  
**Mike Haylett**



**ADMINISTRATOR ON-CALL**  
x4488 or 715.848.4488

**Friday, April 12 – Monday, April 18**

**Jarret Nickel**



**Health Information is Human Information**

**HAPPY HEALTH INFO PROFESSIONALS WEEK!**



PHOTO OF THE WEEK: BEHAVIORAL HEALTH HOSPITAL CONSTRUCTION PROGRESS



# April 2022 Organizational Learning Modules



Each month staff are assigned 30-60 minutes of organizational training that needs to be completed by the due date.

Log into the learning management system (LMS), *UKG Pro Learning*, to complete the following training modules:

*Thank you to everyone that helped with the video for the April module!*

- **Emergency Preparedness and Response (2022)**  
(15 minutes)

*Can you name all the staff, locations, and departments that worked together to make the video in the module?*



North Central Health Care  
Person centered. Outcome focused.



# WAUSAU CAMPUS HALLWAYS

Beginning Approximately April 18th, 2022

If you walk across the Wausau Campus, you are already aware of the temporary hallways that have been constructed to keep programs operating while areas are renovated or constructed. Coming up next week, there will be additional changes to how we cross the Wausau Campus. For those working in Adult Hospital, Gardenside and Crisis Services, these staff will have the biggest visual change to their daily walking routes. **However, It is important that all staff understand the hallway changes in the event an emergency response is required which require staff to cross the Campus as quickly as possible.**

On approximately April 18 or 19, there will be a new temporary wall constructed near the former Wausau Campus Cafeteria/Physician Lounge area that will close down the current hallway to Crisis, BHS and Gardenside. Foot traffic will now use the "new" link hallway (which opened in December and leads to employee Cafeteria) to access Adult Hospital, Gardenside and Crisis Services. Additionally, the "old" link hallway will open up and there will be a new hallway that will connect to the "old" link hallway to the "new" link hallway.

As you walk through this area, we require that everyone STAY OUT of the newly constructed areas: New Adult Hospital and Locker Room.



Room. These areas are not open for us to use at this time, and only hallway access is currently allowed. We anticipate that the Adult Hospital will open sometime after mid-May 2022.

We encourage all staff who work on the Wausau Campus to take a walk early next week to understand the changes so you are prepared in the event of an emergency. Below is map to aide you in your quest. The hallways marked in yellow will be open for walking access. Signs and maps will also be posted to assist you.

Managers may contact Facilities if there are any questions.

## Updated Link Hallway Access Map

Moving Across the Wausau Campus During Renovations - Beginning Approx. April 18, 2022

The old link hallway that connects to 2400 Marshall Suite A (MVCC) will be opening back up again with a few changes. It will now connect to the newer link hallway that opened in December.

- **To access Crisis, Adult Hospital, and Gardenside Crossing from the Outpatient/Administration areas, you will have to use the new link hallway and turn left at the New Employee Cafeteria.**
- **To access the new link hallway from MVCC, Youth Hospital, Crisis Stabilization:** you may access this from the Old MVCC building and use the old link Hallway or walk through MVCC and walk to back of Employee Cafeteria.

All hallways and entrances will be marked with signage.

### Visitors to Gardenside Crossing (Dementia Care)

Visitors to Gardenside Crossing (located by the Crisis Center) will not be allowed to pass through the hallways inside. Gardenside Visitors will continue to park in the rear employee parking lot near Crisis and enter Door 48 (in the Courtyard area past Crisis Entrance). Door 48 will be set on a timer and open to visitors M-F, 7 am – 7 pm and Weekends, 10 am – 6 pm. There will be no parking in the courtyard or the driveway area near Crisis. Visitors must park in the rear parking lot and walk to Door 48. Future changes to this will be announced when the renovations begin to New Loading Dock Area.



Open Hallways



### ON THE MOVE

Congrats to these employees who have recently been promoted or transferred.



**Christy Maltby** recently transitioned from a Central Scheduler to an Accounting Assistant! Congrats Christy.



**Paul Schnae** was recently promoted from a Pine Crest Hospitality Assistant to a CNA! Congrats Paul.



### JOB FAIR FUN!

North Central Health Care's Recruitment team practices CPR with students at latest Job Fair.

## Upcoming Open Forums | Save the Date

# COMBATING VETERAN SUICIDE



**WDVVA**  
Wisconsin Department of Veterans Affairs

### April

12 - Appleton  
Fox Valley Technical College

27 - La Crosse  
La Crosse Convention Center

### May

10 - Lac du Flambeau  
Lake of Torches Casino Resort

18 - Wausau  
Jefferson Street Inn

### June

13 - Milwaukee Area  
Brookfield Conference Center

TBD - Madison



# VOLUNTEER APPRECIATION WEEK

Happy Volunteer Appreciation Week to All Our Volunteers!

We are fortunate to have such amazing volunteers who are so generous in giving their time, talents and dedication to NCHC and those we serve.

*Thank you so much for your support!*

Health Information is *Human* Information

# HAPPY HIP WEEK!

2022

Thank you to ALL of our Health Information Professionals at NCHC!

## Pine Crest

Person centered. Outcome focused.

### Star of the Month

#### CONGRATULATIONS CASSIE SMITH!

The April Pine Crest Star is Cassie Smith! Cassie has been a C.N.A at Pine Crest for a little over two years now. She is extremely hard working and always on the move. She is happy to help in anyway she can and has been very flexible with moving around the building and trading shifts with people. She's a true team player and when activity staff ask her to get multiple people up and ready for activities, she agrees happily, even when she's busy. She is very positive, warm, caring and makes the residents feel so comfortable and at home. She just has a quiet, kind, and gentle soul and the residents absolutely adore and appreciate her. We are so thankful to have Cassie on our team and are grateful for her hard work and kindness!





**D.C. EVEREST  
COMMUNITY EDUCATION EVENING  
ALCOHOL AND DRUG AWARENESS:  
ADDRESSING YOUTH ADDICTION  
& MENTAL HEALTH**

REGISTER FOR  
FREE ON-SITE  
CHILDCARE

**WEDNESDAY APRIL 27  
6:00-7:30 PM – PRESENTATION  
7:30-8:00 PM – QUESTION AND ANSWER SESSION  
IN PERSON OPTION: DCE SENIOR HIGH AUDITORIUM  
VIRTUAL OPTION: WEB EX LIVE**

Attendees will be taken on a virtual "walk" through a teen's room (via a slide show) to see what warning signs and devices to look for, and will learn about behavioral changes and other potential signs of substance usage.

The presenters will provide additional guidance concerning:

- Current alcohol and drug use trends
- How to start effective and open conversations about alcohol/drug use
- Strategies to empower youth to make healthy, responsible choices regarding alcohol/drug use
- Resources available from the Hazelden Betty Ford Foundation and our community

For more information, contact Erin Jacobson, DCE Mental Health Navigator, at [ejacobson@dce.k12.wi.us](mailto:ejacobson@dce.k12.wi.us).

**Presented by Hazelden Betty Ford Center**

Hazelden Betty Ford: World-renowned Provider of Addiction and Mental Health Treatment Services. For more than 70 years, Hazelden Betty Ford has been at the forefront of providing lifesaving, compassionate care and specialized services to help people from all walks of life get to feeling like their best self.

Funding provided by Department of Instruction AODA and Mental Health Grant awarded to D.C. Everest



# Ethics and Boundaries: 2022-2023 Trainings

## NEED ETHICS OR BOUNDARIES TRAININGS?

Contact your manager to register for one of the following UWGB Courses!



### Ethics and Boundaries: Understanding Equity, Diversity and Inclusion to Leverage Cultural Humility:

This training focuses on appropriate ethics and boundaries in client-case manager and peer-to-peer relationships in everyday practice. Participants will engage in self-reflective activities related to race, ethnicity, gender, sexual orientation, different abilities, and intersectionality. Oppression, discrimination, power and control, and historical privilege will be featured as it relates to work with vulnerable populations.

4.0 Continuing Education Hours

Training dates listed below will be offered virtually via Zoom on Fridays from 8:30am to 12:30pm.

- June 3, 2022
- August 12, 2022
- October 7, 2022
- December 2, 2022

### Ethics and Boundaries: Things That Make You Go Hmm...:

This training offers participants an opportunity to explore the difference between boundaries and barriers in peer-to-peer and client relationships. It explores personal boundaries, trust, shame, vulnerability, and use of self-assessment tools to understand stress. Participants learn new strategies in paradigm thinking, communication and conflict management in the workplace, conversations of quality; through examining challenges they face when colleagues are unethical or cross professional boundaries.

4.0 Continuing Education Hours

Training dates listed below will be offered virtually via Zoom on Fridays from 8:30am to 12:30pm

- May 6, 2022
- July 8, 2022
- September 9, 2022
- November 4, 2022
- January 6, 2023



## Join the Wisconsin Department of Agriculture, Trade and Consumer Protection, and the City of Wausau for the Wausau Area Consumer Protection Summit "Know your Rights"

### Covered Topics Include:

- Mobile Home & Apartment Rental Rights
- Consumer Lending, Quick Cash & Payday Loans
- Identity Theft - Protect & Prevent

topics 30 min each, 10 min break between each, come for one or more topics

Wednesday, April 20, 2022

9:30-11:30 am OR 5:15-7:15 pm

North Central Health Care Center Theater

1100 Lake View Dr., Wausau, WI

Use the entrance marked Marathon Health Department (door #19)

or watch live on YouTube at [tinyurl.com/waamedia](https://tinyurl.com/waamedia)

Questions? Contact Michelle Reinen, [Michelle.Reinen@wisconsin.gov](mailto:Michelle.Reinen@wisconsin.gov)

or Jean Frankel, [jean.frankel@ci.wausau.wi.us](mailto:jean.frankel@ci.wausau.wi.us)



DEA NATIONAL

# DRUG TAKE BACK DAY!

APRIL 30, 2022

National Prescription Drug Take Back Day addresses a public health and safety issue. Too often, unused and expired prescription medications get into the wrong hands. Disposing of medications safely can help protect your family from getting or using medications that are expired or out of date; prevent the illegal use of unused medications, and minimize any potential negative impact on the environment.

- The DEA can **ONLY** accept pills or patches.
- The DEA **CANNOT** accept liquids, needles, or sharps.
- The DEA now advises against "usual methods" for disposing of unused medications.

**For more info visit usdoj.gov**

### Controlled Substance Public Disposal Locations

Aspirus, 333 Pine Ridge Boulevard  
Walgreens, 105 Central Bridge Street  
CVS, 102 Central Bridge Street

MARATHON COUNTY SCHOOL-BASED COUNSELING CONSORTIUM (MCS-BCC)

Current co-chairs: Noreen Salzman, Centre for Wellbeing; Lori Thompson, Charis Counseling  
Current MCHD liaisons: Hannah Schommer, Marathon County Health Department



MOSINEE SCHOOL DISTRICT

# Mental Health Awareness Event

Thursday, April 28<sup>th</sup> || 4:30-7:30pm  
MOSINEE HIGH SCHOOL CAFETERIA

**Resource Fair – 4:30-7:30 pm Open the Entire Event!**

- FREE child care & light refreshments will be available
- Resource tables with community and school-based supports

**Small Group Sessions (optional)**  
5:00-5:30 pm | 5:40-6:10 pm | 6:20-6:50 pm

Learn more about the following mental health topics:  
(Each session listed will run during each time slot.)

- **Wellness Related to Mental Health**  
Presenter: Alyssa Kress, MSW, APSW  
Compass Counseling
- **Managing Behaviors in the Home**  
Presenter: Julette Higuera, MSW, LCSW  
Compass Counseling
- **Coping Skills**  
Presenter: Heather Sann, Mental Health District Manager  
Innovative Services Inc.
- **Trauma**  
Presenter: Amanda Neta, LCSW  
Compass Counseling
- **Anxiety and Depression**  
Presenter: KC Graeven, LPC, ATR  
North Central Health Care

Featuring:  
Small Group Learning Sessions

Community & School-based Resource Fair

Families, Students, and Community Members are invited.

(Students must be accompanied by an adult)

Questions? kkolodziej@mosineeschools.org

## NAMI Northwoods April-June 2022

Serving the counties of  
Marathon, Lincoln & Langlade

P.O. Box 262, Wausau, WI 54402  
naminorthwoods@gmail.com • 715.432.0180

### NAMI Northwoods

#### Officers

Executive Director

Bernie Corsten

President

Kevin Hainking

Vice President

Pamela Anderson

Treasurer

Pamela Czerwinski

Secretary

#### Board members

Pat Bacher

Terry Ryan

Laura Held

Brandon Krautkramer

#### Facilitators

Family Support Meetings

Michelle Gleason

Peer Support Meetings

Terry Ryan

Emily Peterson

Family to Family Class

Bernie Corsten

Sharon Krett

Peer to Peer Class

Terry Ryan

Melissa Kalin-Leininger

Crisis Hotline

(715)845-4326

1(800)799-0122

National Suicide Prevention –

1(800)273-8255

NAMI Helpline

1(800)950-6264

Wisconsin Hopeline

Text: Help to 741741

### NAMI CLASSES AND SUPPORT GROUPS

Contact [Naminorthwoods@gmail.com](mailto:Naminorthwoods@gmail.com) for information on how to attend

#### Family Support Meeting

4th Monday at 7:00 p.m. at Grace United Church of Christ 535 S 3<sup>rd</sup> Ave Wausau, WI

Family Support Group - a peer-led support group for family members, caregivers of individuals living with a mental illness. Support group offers education, resources and advocacy for those living with a mental health condition

#### Peer Support Meeting

2<sup>nd</sup> Monday at 2: p.m. at Grace United Church of Christ 535 S 3<sup>rd</sup> Ave Wausau, WI 4<sup>th</sup> Wednesday at Biggby's Rib Mt 5:30

Nami Peer Support is a peer led group for anyone concerned about their own mental health. Discuss successes, strategies, challenges, and resources. Group is facilitated by two trained NAMI members who recognize the challenges and are in their own recovery.

#### Family to Family Class – tbd (fall)

Grace United Church of Christ 535 S 3<sup>rd</sup> Ave Wausau, WI

Registration at [Naminorthwoods@gmail.com](mailto:Naminorthwoods@gmail.com)

An 8-week educational course for families, caregivers and friends of individuals with a mental illness. It is designed to facilitate a better understanding of mental illness, coping skills and empowers participants to become advocates for their family members.

#### Peer to Peer Class

TBD at Grace United Church of Christ 535 S 3<sup>rd</sup> Ave Wausau, WI

An 8-week educational course focused on mental health, wellness and recovery for adults 18 and older experiencing a mental health challenge.

#### Raise Your Voice Club

A school club – A welcoming, supportive and safe environment for ALL students whether you live with a mental illness, know someone with mental illness or have a general interest in advocating for mental health.

If you have an interest in starting "A Raise Your Voice Club" in your school, contact [Naminorthwoods@gmail.com](mailto:Naminorthwoods@gmail.com)

## "RAISE YOUR VOICE" AWARENESS WALK

Sunday, May 1, 2022 – 1100 Marc Dr. Merrill

Sunday, May 1, 2022

11:30 - Registration Opens

1:00 - Walk Begins

2:00 - Silent Auction Ends

Including!

- Yard Games
- Face Painting
- Coloring Station
- Silent Auction
- DJ/Live Music
- Food Truck
- Concessions

Want to register or make a donation?





## TALK WITH A RETIREMENT ADVISOR ABOUT THE WDC PROGRAM!



# WISCONSIN DEFERRED COMPENSATION PROGRAM

### JOIN THE CONVERSATION!

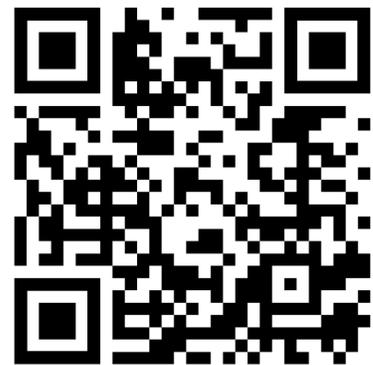
Meeting with your WDC Retirement Plan Advisor is an easy way to help make sure your savings and spending strategy fits you and your future. Schedule a one-on-one appointment. Additional virtual meeting dates and times can be found online.

### INDIVIDUAL RETIREMENT READINESS SESSIONS

with Shawn Bresnahan

- Tuesday, May 17th | Wausau, Badger Room | 10am-2pm
- Thursday, June 2nd | Wausau, Badger Room | 10am-2pm
- Thursday, July 7th | Antigo, Conference Room | 9am-11am
- Thursday, July 7th | Wausau, Badger Room | 1-4pm
- \*Thursday, Aug. 4th | Pine Crest, Admin Conference Rm | 9-11am
- \*Thursday, Aug. 4th | Wausau, Conference Room | 1-4pm
- Thursday, Sept. 1st | Wausau, Badger Room | 10am-2pm
- \*Thursday, Oct. 6th Antigo | Conference Room | 9am-11am
- \*Thursday, Oct. 6th Wausau | Badger Room | 1-4pm
- \*Thursday, Nov. 3rd Wausau | Badger Room | 9am-11am
- \*Thursday, Nov. 3rd Pine Crest | Admin Conference Rm | 1-2:30pm
- \*Thursday, Dec. 1st Wausau | Badger Room | 10am-2pm
- \*registration available 90 days before session date

### REGISTER HERE!



[NC\\_WISCONSIN.TIMETAP.COM](https://nc_wisconsin.timetap.com)

### BRING TO YOUR ONE-ON-ONE MEETING:

- ✓ WRS statement
- ✓ Social Security statement
- ✓ Other retirement account info
- ✓ Current paycheck stub (if applicable)
- ✓ WDC login information (if known)



# INTERESTED IN JOINING THE NCHC UNITED WAY COMMITTEE?



The United Way Committee consists of representatives from across NCHC working collaboratively to educate staff on the role of United Way in our communities. The United Way Committee serves as a fundraising group to support and maintain United Way initiatives and foster relationships and support for partner programs and services offered by the United Way that may assist in aiding our clientele, fellow staff and community members.

**IF YOU'D LIKE ADDITIONAL INFORMATION, OR WOULD LIKE TO JOIN THE NCHC UNITED WAY COMMITTEE CONTACT ALEX AT AEICHTEN@NORCEN.ORG**



## Well-Being Program 2022

For All Employees!



### Earn Incentives on Your Well-Being!!

Employees can earn a \$100 gift card by earning 100 points!

Follow these easy steps on your personal online wellness portal to begin earning cash!

### Step 1

Log into your personal wellness portal. If you have already created an account in 2021, you will not need to register again. For those that have not registered in the wellness portal, please follow the steps shown on page 2.

### Step 2

Earn 100 points by November 30th, 2022, by completing a variety of the activities shown on page 2.

**REGISTRATION STEPS ON NEXT PAGE**



## How to Register for The Aspirus Well-Being Portal

Aspirus Business Health-Wellness is excited to partner with North Central Health Care to provide you with access to a wellness resource, [www.managewell.com](http://www.managewell.com). This website features valuable health programs and tools as well as a central location for storing and tracking your wellness efforts.

To participate in the wellness program, go to the website [www.managewell.com](http://www.managewell.com) or download the Managewell 2.0 App and follow the instructions below to register:

1. Click “Sign up”.
2. Enter your “Unique ID.” This Unique ID is the first few letters of your company, “NCHC”, followed by your employee ID number. An Example is: NCHC123456.
3. Enter your date of birth and select “Continue”.
4. Confirm your name.
5. Read through and accept “Terms”.
6. Enter a unique and valid email address and password. Remember these for the next time you log in to the website.
7. Select “Continue” and it will take you to your Home/Dashboard page.

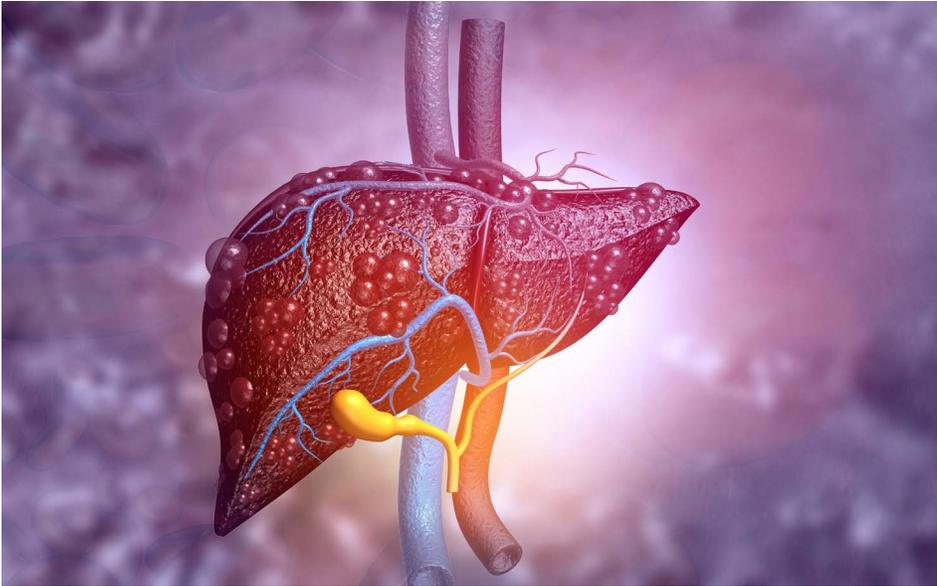
Activity	Points
Biometrics and Health Assessment (both must be completed to earn points)	30
Preventative Visit with Primary Care Provider	20
Preventative Visit at Onsite Clinic Bonus Points	15
Health Coaching (includes Care Management) (can earn up to 2 times)	15
Mental Health Visit	15
COVID-19 Booster	15
COVID-19 Initial Vaccine	10
Wellness Challenges	10
Health Pursuit Online Activity	10
Onsite Clinic Activities (Blood Pressure Monitoring, Diabetes Management, Skin Cancer Screening, Non-preventative Health Visit)	10
NCHC Sponsored Events (events added throughout the year)	5 - 20
Flu shot	5
Mini-Challenges	5
Monthly Online Educational Activities	5
Dental Exam	5
Eye Exam	5
Online Tracker for Physical Activity (points per week)	5
Online 5-A-Day Fruit & Veggie Nutrition Tracker (points per week)	5

More information can be found on the Aspirus Well-Being Portal at [www.managewell.com](http://www.managewell.com)

Contact Aspirus Business Health-Wellness if you have any questions or need help.  
844.309.1269 | [wellness@aspirus.org](mailto:wellness@aspirus.org)



# tidbits on benefits



## ALCOHOL EFFECTS ON THE BODY PART I OF II

Submitted by Sherry Hughes, PA

### STRAIGHT TO YOUR HEAD

Thirty seconds after your first sip, alcohol races into your brain. It slows down the chemicals and pathways that your brain cells use to send messages. That alters your mood, slows your reflexes, and throws off your balance. You also can't think straight, which you may not recall later, because you'll struggle to store things in long-term memory.

### YOUR BRAIN SHRINKS

If you drink heavily for a long time, booze can affect how your brain looks and works. Its cells start to change and even get smaller. Too much alcohol can actually shrink your brain. And that'll have big effects on your ability to think, learn, and remember things. It can also make it harder to keep a steady body temperature and control your movements.

### DOES IT HELP YOUR SLEEP?

Alcohol's slow-down effect on your brain can make you drowsy, so you may doze off more easily. But you won't sleep well. Your body processes alcohol throughout the night. Once the effects wear off, it leaves you tossing and turning. You don't get that good REM sleep your body needs to feel restored. And you're more likely to have nightmares and vivid dreams. You'll also probably wake up more often for trips to the bathroom.

### MORE STOMACH ACID

Booze irritates the lining of your stomach and makes your digestive juices flow. When enough acid and alcohol build up, you get nauseated and you may throw up. Years of heavy drinking can cause painful sores called ulcers in your stomach. And high levels of stomach juices mean you won't feel hungry. That's one reason long-term drinkers often don't get all the nutrients they need.

### DIARRHEA AND HEARTBURN

Your small intestine and colon get irritated, too. Alcohol throws off the normal speed that food moves through them. That's why hard drinking can lead to diarrhea, which can turn into a long-term problem. It also makes heartburn more likely – it relaxes the muscle that keeps acid out of your esophagus, the tube that connects your mouth and stomach.

### YOU HAVE TO PEE... AGAIN.

Your brain gives off a hormone that keeps your kidneys from making too much urine. But when alcohol swings into action, it tells your brain to hold off. That means you have to go more often, which can leave you dehydrated. When you drink heavily for years, that extra workload and the toxic effects of alcohol can wear your kidneys down.

### Employee Health & Wellness Center

1100 Lake View Drive, Wausau, WI  
North Central Health Care Campus  
Door 25

Schedule an Appointment:  
715.843.1256 or MyAspirus.org

#### Updated Hours:

Monday - Wednesday - Friday: 8:00 am - 4:30 pm  
Tuesday: 6:30 am – 3:00 pm  
Thursday: 9:30 am – 6:00 pm



### THE STEPS TO LIVER DISEASE

Your liver breaks down almost all the alcohol you drink. In the process, it handles a lot of toxins. Over time, heavy drinking makes the organ fatty and lets thicker, fibrous tissue build up. That limits blood flow, so liver cells don't get what they need to survive. As they die off, the liver gets scars and stops working as well, a disease called cirrhosis.

### TO BE CONTINUED...

Counselors are available through the Employee Assistance program for other services including

Relationship problems, workplace issues, critical incident stress management, conflict resolution, stress management, depression and anxiety, financial concerns, compassion fatigue short term, solution-focused counseling and more.

The North Central Health Care Employee Assistance Program is available to employees and their immediate family members at 1.800.540.3758 or email [eap@ascension.org](mailto:eap@ascension.org). For more information, go to <https://ascensionwieap.org/>

Participation is Private and confidential, available to immediate family members, a free company benefit and voluntary - you take the first step.

Web MD. (2022) How Alcohol affects your Body. Retrieved on 4/4/22



### Here's how it works...

#### Step 1: Tell Us About Your Recruit

Text "Refer" to 715.598.3663

Email HResources@norcen.org

Complete Referral Form in Human Resources

#### Step 2: Meet Required Criteria

You and your recruit must be in good standing throughout this period and have no written warnings for attendance or other performance.

#### Step 3: Get Paid!

When your recruit joins the NCHC Team, and you both have met the referral requirements YOU will earn the following:

**\$250** After 90 days | Employees below .5FTE status

**\$500** After 90 days | Employees .5FTE status or above

We value your referrals and know that together we can strengthen our North Central Health Care team. That's why earning some extra cash for your employee referrals has never been simpler. So text that friend, and get the ball rolling.

REFER A FRIEND TO AN OPEN INTERVIEW FOR A CHANCE TO EARN SOME REFERRAL CASH!

Visit Our Website at [norcen.org/Careers](http://norcen.org/Careers) for the latest Job Opportunities!

SHARE NCHC JOB POSTINGS ON SOCIAL MEDIA!



## Residential Services Open Interview Series

JOIN OUR TEAM!



**NOW HIRING!**

RESIDENTIAL CARE ASSISTANTS (RCA's)

- ✓ \$14-16 STARTING
- ✓ FULL BENEFITS
- ✓ PART/FULL TIME
- ✓ AM/PM SHIFTS

WALK INS WELCOME!

### OPEN INTERVIEWS

Interested in joining our team or learning more? Swing by any of the open interview sessions listed below for an on-the-spot interview and tour. **Lunch Provided!**

#### TUESDAY, APRIL 19, 10AM - 3PM

1408 Bissell Street  
9205 Andrea Street  
5006 Chadwick Avenue  
5010 Heather Street

#### TUESDAY, MAY 17, 10AM - 3PM

1408 Bissell Street  
9205 Andrea Street  
5006 Chadwick Avenue  
5010 Heather Street

#### TUESDAY, JUNE 21, 10AM - 3PM

1408 Bissell Street  
9205 Andrea Street  
5006 Chadwick Avenue  
5010 Heather Street

### WHAT IS A COMMUNITY BASED RESIDENTIAL FACILITY (CBRF)?

North Central Health Care operates several Community Based Residential Facilities, which are congregate living settings serving developmentally disabled individuals who are ambulatory, semi-ambulatory or non-ambulatory, but may not be capable of exiting the property without assistance., licensed by the State of Wisconsin. Our CBRF locations include:



**BISSELL STREET**  
1408 Bissell St,  
Wausau



**CHADWICK STREET**  
5006 Chadwick Ave,  
Schofield



**ANDREA STREET**  
9205 Andrea St,  
Weston



**HEATHER STREET**  
5010 Heather St,  
Schofield

REGISTER ONLINE AT [NORCEN.ORG/OPEN-INTERVIEWS](http://NORCEN.ORG/OPEN-INTERVIEWS)

## Open Interviews for ALL OPEN POSITIONS

WAUSAU MAIN CAMPUS  
1100 Lake View Drive, Suite A

WEDNESDAY, APRIL 20, 10AM - 3PM

WEDNESDAY, MAY 18, 10AM - 3PM

WEDNESDAY, JUNE 22, 10AM - 3PM



In the **NEW Mount View Building**  
**WAUSAU CAMPUS CAFÉ**  
**Grab-N-Go**



**Monday – Friday**

**9 am – 5:30 pm**

**Breakfast 9:00 am**



**Lunch 11 am – 1:30 pm**

Hot Food Bar \$.45/ounce

**9 am – 5:30 pm**

Grab 'n Go Sandwiches, Soups & Salads, Juice, Water, Snacks

# What's For Lunch?

APRIL 25 – 29, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>main course</i> Chinese Pork Chop Steamed Rice Chow Mein Noodles	Meatloaf Green Beans Cheesy Potatoes	Turkey Sandwich Green Peas Mashed Potatoes	Baked Pork Chop Sauerkraut Parslied Noodles	Pasta Manicotti Green Beans Garlic Bread
<i>dessert</i> Fortune Cookie	Iced Chocolate Cake	Fruited Gelatin	Diced Pears	Frosted Pumpkin Bar
<i>soup of the day</i> Cheesy Chicken Salsa	Cream of Tomato	Beef Stew	Beef Barley Soup	Chicken Dumpling



# THE BISTRO

MONDAY – FRIDAY | 7:30AM – 3PM  
HOT FOOD AVAILABLE UNTIL 2:30PM

## SPECIALS

### PANINI OF THE WEEK

**TURKEY PESTO PANINI \$5.50**

TURKEY | PROVOLONE | PESTO | RED ONIONS | SPINACH



**3 CHEESE QUESADILLA \$4.50**

TRIPLE CHEESE BLEND | ROASTED ONIONS  
SOUR CREAM | SALSA | ADD CHICKEN FOR \$1



**\*NEW\* PANINI COMBO \$5.00**

1/2 PANINI (SORRY, NO WRAPS) | CHIPS | WATER



**GIFT CERTIFICATES & PUNCH CARDS AVAILABLE NOW!**



### UPCOMING APRIL SPECIALS

**APRIL 25 | CAPRESE PANINI | \$5.00**

FRESH MOZZ | HOUSE VINAIGRETTE | TOMATO

## WE NEED YOUR HELP!

THE BISTRO'S IMPROVEMENT SURVEY IS LIVE.

Scan the QR code below and share your opinions on things like :

- Panini flavors you'd like on the menu
- Side option preferences
- Modifications to hours
- Grab-n-go additions
- Weekend hours
- Misc. improvements



SCAN ME! ↗

CASH, CREDIT OR QUICKCHARGE PAYMENTS ACCEPTED | ALL SALES SUBJECT TO SALES TAX